

# 09 BEARFOOT

Start Time	Start Mile	Action	Miles To Go	End Mile	End Time
9:00:00	0.00	Speed	16 mph	4.80	9:18:00
9:18:00	4.80	Speed	21 mph	6.20	9:22:00
9:22:00	6.20	Speed	20 mph	9.20	9:31:00
9:31:00	9.20	Speed	18 mph	11.90	9:45:00
9:36:00	10.70	Free Time	5 min		9:41:00
9:45:00	11.90	Speed	24 mph	15.10	9:53:00
9:53:00	15.10	Speed	15 mph	18.60	10:07:00
10:07:00	18.60	Speed	18 mph	22.20	10:29:00
10:17:00	21.60	Free Time	10 min		10:27:00
10:29:00	22.20	Speed	24 mph	22.60	10:30:00
10:30:00	22.60	Speed	21 mph	29.60	10:50:00
10:50:00	29.60	Speed	15 mph	36.10	11:46:00
11:06:48	33.80	Note	GAS AVAILIBLE		
11:06:48	33.80	Reset To	35.00 mi	35.00	11:11:36
11:11:36	35.00	Free Time	30 min		11:41:36
11:46:00	36.10	Speed	18 mph	41.50	12:04:00
12:04:00	41.50	Speed	14 mph	42.20	12:07:00
12:07:00	42.20	Speed	22 mph	48.80	12:25:00
12:25:00	48.80	Speed	16 mph	49.60	12:28:00
12:28:00	49.60	Speed	18 mph	51.40	12:34:00
12:34:00	51.40	Speed	19 mph	57.10	12:52:00
12:52:00	57.10	Speed	18 mph	60.70	13:14:00
13:04:00	60.70	Free Time	10 min		13:14:00
13:14:00	60.70	Speed	14 mph	61.40	13:17:00
13:17:00	61.40	Speed	24 mph	67.40	13:32:00
13:32:00	67.40	Speed	30 mph	68.40	13:34:00
13:34:00	68.40	Speed	16 mph	70.80	13:43:00
13:43:00	70.80	Note	END OR SOONER		